



GARFORTH VILLA FOOTBALL CLUB



Parents and Carers

Handbook

2023/2024



**ACCREDITED
CLUB** ★ ★ ★
PART OF ENGLAND FOOTBALL

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Welcome to our Club

On behalf of GARFORTH VILLA FOOTBALL CLUB, we would like to welcome all parents and carers to the Club and provide you with some important information. We hope that it will help you to appreciate the Club, the efforts of all the coaches and committee members and help promote your child's enjoyment of football.

Our Committee is made up of people with vast experience of developing young people and adults with two of them being teachers. Minos Perdios, our Chair, has a UEFA B qualification as well as an MSc in Sports Coaching. He has set up football youth development programmes both in the UK and abroad. Our Committee are great believers that through sport we can have a positive influence on people and, through a modern holistic approach, develop the whole person.

We are company limited by guarantee and are 'not for profit'. This means that all our players aged 18+ and parents of players under the age of 18 are members and such you have full voting rights to select the board members every year. It also means that our members do not take any profits from the company. Any profit made by the company is re-used for the good of the Club and its members, which includes our players.

GARFORTH VILLA FOOTBALL CLUB was first established in 1970 and was originally a junior football club. The Club has grown since then and we now have adults playing for our Club.

We now have over 550 boys and girls, starting from the age of 4 in our Mini Villa sessions, to playing organised football at Under 7 (U7) to Under 17 (U17). In 2023 we will our first ever Women's team playing in the West Riding Women's Beginner League.

We are a 3* accredited club with the Football Association (FA) - this means we are affiliated to our county FA (West Riding County FA) and comply with the rules and regulations set down by the FA.

These rules and regulations mean that all our Lead Coaches and managers are trained to a minimum of an FA Level 1 Coaches certification. All other coaches that help and support them will have undergone checks by the Disclosure and Barring Services (DBS; known as the criminal records check) and have been approved to work with children. All the Coaches and officials of the Club are volunteers and give their time and effort freely.

Our junior teams either play on a Saturday in the Selby & District League, on a Sunday in the Garforth Junior Football League. The U7 to U10 age groups play friendly league fixtures, whereby no official register is kept of the outcomes of the games and there is no league table; however, the teams may participate in Cup Competitions, both within their leagues and other leagues.

Under 12, Under 14 and Under 16 teams will compete in the WRCFA County Cup and also our Barkston Ash District Cup. Under 11, Under 13, Under 15, Under 17 teams will compete in the Leeds & District Cup.

Mini-Villa sessions are available for children aged from 4 to 6 years. The sessions take place on Sunday Mornings.

Our Women's team play in the West Riding Women Beginner League on a Saturday.

We place our players interest at the centre of all our activities. We are committed to ensuring that they play in a safe, friendly and supportive atmosphere and environment. We place the emphasis on player members enjoying the game and participating in all activities.

We believe that as parent/carers you also play an active and important role in upholding the ethos and spirit of our Club and the football played. We greatly value your interest and involvement in the Club for the benefit of your child and others. We welcome and encourage parent/guardian participation in the Club's activities and we look forward to your participation in social events. We are always looking for those extra pairs of hands to assist in the necessary duties on training and match days. So please feel free to volunteer or have a word with your child's Manager or coaching team, especially if you know you have a skill set that could be used to benefit the Club.

If you have any issue or concerns while your child is at our Club, please inform your child's team's Lead Coach/Manager or our Welfare Officer, Christine Pinkney. Christine was previously one of our Assistant Welfare officers. Her contact details and those of all the Club Committee members can be found on page 2 alongside additional, helpful, contacts.

We strongly encourage all parents and carers to do the FA's Safeguarding Awareness for Parents and Carers course which is free and can be done online. Please click on the link below for more details.

[Safeguarding Awareness for Parents and Carers | England Football Learning](#)

In the unlikely event of any problems, there is a complaints procedure in place within our Club and is outlined on page 9

The club hosts several fun and eventful fundraisers throughout the year, and we warmly welcome you to attend. In addition to the general Club fundraising, we also fundraise specifically for when each team reaches the Under 12 age group to give them the opportunity to represent the Club on tour either in the UK or abroad e.g. previous years have chosen and fundraised to go to Spain, Holland or Belgium.

Our objective, as a Club, is to promote the enjoyment of football, and in doing so enhance the level of football skills and sense of community for all players and supporters, through the arrangement of training, matches and social activities.

We hope your child has many years of enjoyment with us and we look forward to seeing you on our touchlines and at our social events.

Minos Perdios
Chair

Contacts

Club Website

www.garforthvilla.co.uk

Board & Committee



Minos Perdios
Chair & Director
chair@garforthvilla.co.uk



Simon Pinkney
Vice Chair & Director
vicechair@garforthvilla.co.uk



Sam Pease
Treasurer & Director
treasurer@garforthvilla.co.uk



Tracy Holmes
Secretary & Director
secretary@garforthvilla.co.uk



Matt Gipson
Football Development Officer & Director
footballdevelopment@garforthvilla.co.uk



Christine Pinkney
Welfare Officer & Director
welfare@garforthvilla.co.uk



Natalie Sarabia-Johnston
Club Development Officer
clubdevelopment@garforthvilla.co.uk

Other Club Officials

- Helen Skilbeck, Assistant Welfare Officer, Email: assistantwelfare@garforthvilla.co.uk
- Steve Baker, Equipment officer, Email, equipment@garforthvilla.co.uk
- Izaak Brading, Club Shop Manager, Email: clubshop@garforthvilla.co.uk
- Lucia Perdios, Social Events Manager, Email: socialevents@garforthvilla.co.uk

Other Contact

Position	Name	E-mail	Phone
West Riding County FA Welfare Officer	Paul Ratcliffe	Paul.Ratcliffe@Westridingfa.com	0113 282122 option 5
NSPCC 24hr helpline		help@nspcc.org.uk	0808 800 5000
FA		info@theFA.com	0800 169 1863
County FA		Info@westridingfa.com	0113 282 1222

Being a Garforth Villa Player

How do I register?

We use a system call LoveAdmin to handle our subs registration and payments. You can pay in instalments or in full.

Please note the full amount of subs is due even if the player leaves the club during the football year (September to June). No refunds are given for players paying in full.



If you have registered in previous years you will receive an email around the 1st July about confirming your payment options for this year.

Why do we need membership fees?

GARFORTH VILLA FOOTBALL CLUB is run as a not-for-profit Club and, therefore, all fees cover match day and training costs, equipment, all required coaching/safeguarding/first aid courses, insurance etc.

What are the 2023/24 season membership fees?

- Full Playing Rate: £225, (This includes a playing kit).
- Sibling Playing Rate: £166.50, (This applies if you have at least one child paying the full playing rate and includes playing kit).

When you register you can pay in full or by instalments, taken as equal monthly payments. Instalments are taken by Direct Debit and you will make 9 payments if you register in September, 8 payments if you register in October, 7 months if you register in November etc.

Training and Match Day Kit & Equipment

1. All players must have shin pads, appropriate protective clothing (for example goalie gloves) and footwear suitable for the playing surface.
2. Players should bring a drink to every match or training session; due to hygiene concerns the club will no longer provide water bottles.
3. No player should train or play with jewellery.
4. Any player requiring glasses should, where possible, wear contact lenses or sports glasses, anyone choosing to train in normal glasses does so at their own risk. Please refer to the relevant League guidelines for match day information.
5. All long hair should be appropriately tied back.
6. For Junior players (U18's), it is each parent/carer's responsibility to ensure that their children are suitably dressed for the weather for all matches and training sessions. Football can be played in very cold and wet conditions and children need to be suitably dressed. Please take note of the following:

As a Club we recognise that, during cold weather, it is difficult for players who are on the touchline. Each Manager will endeavour to rotate players, however, as a minimum, players should attend training and matches with a coat or training jacket to wear over their kit. Under kit thermals are also highly recommended, which must be the same colour as the match day kit (shorts and tops).

Dropping off and Collecting Players at Training and Matches

For children 13 or under:

1. Players should be collected from training and matches by a parent or designated adult.
2. If someone else is collecting your child, please ensure that the Coach knows of the arrangement.
3. We recommend that, when taking and collecting your children to and from training, you accompany them to and from the pitch for their safety.
4. If you are late collecting your child, please contact the Coach who will arrange to stay with your child until you arrive. Please try to be on time and respectful of the coach's time.
5. All parents are responsible for their children if they are allowed to travel home on their own.
6. We advise you to tell your children not to go home with anyone else unless you have agreed with them in advance, even if they know the person concerned.

Club Organisation and Funding

Playing & Training Kit

The Club will fund a new kit every two years. The kit is expected to last two seasons and each team is encouraged to seek sponsorship towards this. Any kit replaced after a year must be paid by sponsorship only.

During the same two year period the club will also have a training kit which we encourage every player to purchase. The training kit can be purchased through the club's website.

*the new playing kit is due for the 2023/24 although the committee does reserve the right to extend the change for one year.

Fundraising

The club hosts an annual football gala, the profits of which are split equally between the club and the teams going on tour the following year. This is part of the 'Tour' fundraising, which pays for that age group, the following year, to experience playing football in a different environment to that of league football. Each team playing in the Gala will be required to sell a minimum number of gala programmes, which should be sold door to door in the Garforth area to satisfy advertiser's requirements. Parents of the tour team are expected to participate fully in this event and other age groups will also be asked help.

Website

Each team is requested to nominate a person, who will become responsible for updating their team's page on the Club's website and to add relevant news on the Clubs face book page. This role is open to all parents/carers and will be supported by the work of the Club Secretary or other nominated Committee Members.

Player Welfare

We take the welfare of all players very seriously, as can be seen in our policies listed on page 11. If you have any concerns please do not hesitate to contact the Club by using the contacts provided on page 4. It is important that your child is happy and enjoys themselves whilst at the Club and, therefore, we ask all players to adhere to the codes of conduct. In addition, a disciplinary/behavioural procedural policy has been established, in order for all players to feel the Club is a safe and happy environment in which to enjoy football. This procedure can be found on page 5

To prevent 'Burn Out' of Player Members (as indicated by FA Rules) each junior team must take a minimum of a 6-week break from training between May and August.

Any Player who registers with an official professional club Academy, thus unable to represent our club, will receive an award in recognition of this achievement. In addition, any player who represents the club with 10 years unbroken service from Under 7 to Under 18, will receive an award in recognition of their dedication to our Club.

Presentation Day

The Club hosts an Annual Presentation Day and everyone who has represented the club, throughout that football season, will receive an award. The Club also presents two special awards for outstanding dedication and achievement on or off the field of play: The Spadger Cup, which is awarded to a junior player; and The Extra Mile Cup, which is awarded to an adult volunteer.

Individual fundraising

As a supporter of GARFORTH VILLA FOOTBALL CLUB you can easily help us raise funds and find a bargain by shopping online and using <https://www.easyfundraising.org.uk/causes/garforthvilla/>

Sponsorship

The cost of running an amateur club are substantial, therefore, we are constantly seeking business support to offset some of these costs, thereby enabling the club to flourish. We are always looking for the right sponsor to reap the benefit of over 450 players, and some 1000 associated supporters, who are playing home and away every week. Our aim is to ensure that the expectation of all sponsors is met in a manner consistent with the objectives, strategy, and culture of the club. We have categorised the sponsorship packages into various opportunities to meet the varying degrees of budget and support for the club, individual teams, and players. In addition, we are happy to explore all elements of sponsorship with the partner that shares the same vision and passion for amateur football.

Club Sponsor

£2,400 (2 years sponsorship)

A Club sponsor has their name on the sleeve of every playing kit in the Club as well as Club hoodie. The sponsorship lasts for 2 years. The Club Sponsor will be provided with a framed team photo suitable for display and a personalized letter of thanks from the Club's committee. The Club Sponsors will also be invited to take part in our end of season presentation and Gala, which over 2,000 children and parents attend, for further photo and publicity opportunities.

Team Kit sponsor

£500 (2 years sponsorship)

A Team Kit sponsor sponsors a team's playing kit. The Team sponsor will have their logo displayed on the front of the respective team's playing shirt. Sponsors will be provided with a framed team photo suitable for display and a personalised letter of thanks from the team members. Sponsors will also be invited to take part in our end of season presentation for further photo and publicity opportunities.

Gala sponsor

£500

Our annual gala is held in second half of June over two days and is a festival of 6 a side football for age groups from under 6 to under 16. During this weekend the park is a hive of activity with 100+ players participating and over 1,500 supporters visiting the park. The Gala sponsor will have the chance to display their logo prominently on signage at the gates and at multiple points around the park. The Gala sponsor will

also be featured on the front cover of our tournament programme and will be given a full page story and advertisement within the programme. Gala sponsor will play a key role in the Gala prize giving with numerous chances for further photo and publicity opportunities. The funds raised from the tournament all go to the ongoing running of the club and a percentage goes to the U11 teams to provide funds for their tour the following year.

Club Policies

All GARFORTH VILLA FOOTBALL CLUB documents and policies can be found on the Garforth Villa Football Club website

Insurance Policy

We hold public liability insurance through our affiliation with the West Riding County Football Association. In addition, we have a personal injury insurance for every team. details of which can be made available on request.

Photography Policy

We recognise the need to ensure the welfare and safety of all young people in sport. In accordance with our child protection policy, we will not permit photographs, videos, or other images of children/young persons to be taken without the consent of the parents/carers. Consent for permission to take photographs and visual recordings is sought on the membership registration form. The Club seeks permission for the use of such images to be used to promote the Club in marketing campaigns, Facebook and on its website.

Please make your manager and the Welfare Officer aware if there are circumstances that mean NO images should be taken or used. Saying no does not affect a player's inclusion.

We recognise that the responsibility to safeguard exists both on and off the field of play. As a Club we take responsibility for ensuring all content hosted on our website and social networks and ensure they meet the Rules and Regulations of the FA. These can be found at <http://www.thefa.com/football-rules-governance/safeguarding/best-practice-downloads>

As parents/carers we ask that you also respect these rules and regulations and as such we request that you refrain from publishing controversial or potentially inflammatory comments regarding: managers, coaches, parents/carers, players, other Clubs or referees or any other officials. In line with our images policy, we also ask everyone to be careful in sharing images of children that are not their own.

Anti-Discrimination and Equal Opportunity Policy

Football belongs to, and should be enjoyed by, everyone equally. Our commitment is to eliminate discrimination whether by reason of sex, sexual orientation, race, nationality, ethnic origin, colour, religion, or disability, and to encourage equal opportunities. Equality of opportunity at GARFORTH VILLA FOOTBALL CLUB means that in all our activities we will not discriminate or in any way treat anyone less favourably, on grounds of sex, sexual orientation, race, nationality, ethnic origin, colour, religion or disability. GARFORTH VILLA FOOTBALL CLUB will not tolerate sexual or racially based harassment or other discriminatory behaviour, whether physical or verbal and will work to ensure that such behaviour is met with the appropriate action, in whatever context it occurs. As a Club we are committed to the ongoing training and awareness-raising events and activities, organised by the FA, to promote the eradication of discrimination within its own organisation and in the wider context, within football.

Safeguarding Policy

GARFORTH VILLA FOOTBALL CLUB recognises that the child's welfare is, and must always be, the paramount consideration and we will follow the implementation of the FA Safeguarding Children Policy and Procedures. GARFORTH VILLA FOOTBALL CLUB safeguarding policy can be found on the Club's website. All children and young people have a right to be protected from abuse regardless of their age, gender, disability, culture, language, racial origin, religious beliefs, or sexual orientation. All suspicions and allegations of abuse will be taken seriously and responded to swiftly and appropriately. Working in partnership with other organisations, children and young people and their parents/carers is essential. We acknowledge that every child or young person who plays or participates in football should be able to take part in an enjoyable and safe environment and be protected from poor practice and abuse.



Data Privacy Policy

We will only ever use the details you share with us to help enable the player members to take part in fully in GARFORTH VILLA FOOTBALL CLUB and nothing else. For GARFORTH VILLA FOOTBALL CLUB to keep the information you share with us as safe as possible, we've created a privacy policy in line with the requirements set out by the General Data Protection Regulation. A copy of this agreement can be found on the Club's website and the appendix of this book.

Behavioural policy

We expect our **players** to follow the code of conduct as outlined on page 15. Failure to do so will lead to action by the Club as indicated below:

Stage 1 – Coach has an informal word with the player.

Stage 2 – Coach has a formal word with the player.

Stage 3 – Coach has a formal word with parents (Coach to contact Welfare Officer)

Stage 4 – Coach has formal word with player and parent FINAL WARNING (Coach to contact Welfare Officer who will speak with the coach and parents about the seriousness of the situation)

Stage 5 – Coach informs Committee that player has reached stage 5. Committee / Welfare Officer to decide an outcome (including end of contract)

All stages END at the end of the season.

* In a case where the committee consider that the behaviour of the player was serious, including deliberately injuring a player or coach, the player can be removed from the Club immediately.

In accordance with the code of conduct outlined on page 14, the Club expects **parents/carers** to adhere to the rules and regulations laid down by the Club, failure to do so will lead to the Club taking the following action:

Stage 1 – Coach has an informal word with parent.

Stage 2 – Coach has a formal word with parent.

Stage 3 – Coach has a FINAL WARNING with Parent. Welfare Officer to speak with coach and parents about the seriousness of the situation

Stage 4 – Coach informs Committee that PARENT has reached stage 4. Committee / Welfare officer to decide an outcome for parent not player.

*In a case where the committee consider that the behaviour of the parent/carer was serious, including abusing a player or coach or referee, the parent/carer can be removed from the Club immediately.

Codes of Conduct

A full version of FA codes of conduct can be found on the GARFORTH VILLA FOOTBALL CLUB website. Completion of a membership application implies agreement to abide by these.

Parents/Spectators Code of Conduct

Parents/spectators have a great influence on children's enjoyment and success in football. All children play football because they first, and foremost love the game — it's fun!

Remember that positive encouragement will contribute to:

- 🏆 Children enjoying football
- 🏆 A sense of personal achievement
- 🏆 Good self-esteem
- 🏆 Improvement in the child's skills and techniques

Parents/spectator's expectations and attitudes have a significant bearing on a child's attitude towards other players, officials, managers, and spectators.

Parents/spectators within GARFORTH VILLA FOOTBALL CLUB should be positive and encouraging towards all our children, not just their own. Parents and spectators are encouraged to:

- 🏆 Applaud the opposition as well as our own team
- 🏆 Avoid coaching the child during the game. Let the coaches do their job and do not to tell them what to do as can cause player confusion.
- 🏆 Refrain from shouting and screaming and never engage in or tolerate offensive, insulting or abusive language or behaviour
- 🏆 Respect the referee's decision and encourage the player to do so
- 🏆 Give attention to each of the children involved in football, not just the most talented, support positively. When a player makes a mistake offer then encouragement not criticism.
- 🏆 Ensure that other parents/spectators within the club agree and adhere to the club's Code of Conduct and Child Protection Policy
- 🏆 Not to be critical of the managers and coaches during the game or at training and to speak to them privately after these have finished unless there is a welfare issue.
- 🏆 Remain behind the touchline spectators' barrier and never enter the field of play.

If the parent/spectator does not follow the Code of conduct any/all of the following actions may be taken by the Club, County FA, or the FA

- 🏆 Issued with a verbal warning from the club or league official
- 🏆 Required to meet with the club league or County FA Welfare Officer
- 🏆 Obligated to leave the match venue and requested not to attend future games



-  Obligated to undertake a FA respect education course

A Player's Message to Parents

"Thanks for coming to support me today. As my friends and I play, I want you to remember a few things please:







- I am here to have fun, please encourage me and all the other players no matter which team we play for.*
- You are representing me; please do not embarrass me by being negative, shouting or swearing.*
- Please do not stand too close to the pitch, this can distract me from my game and I can't concentrate properly.*
- Please do not question the referee's decision; our coaches will give us help if we need it.*
- Do not coach me from the side, my coach is here to teach me and too many instructions will confuse me.*
- I think doing my best and learning to play is more important than winning. Do not tell me the score; tell me to have fun.*
- Praise me for good skills, sportsmanship, discipline and effort. These are the things that make me a real winner.*
- Do not criticise my mistakes as I will be scared to try things again. Mistakes will make me better as I can learn from them.*
- Please do challenge any spectators that behave the wrong way. Tell them that we don't allow negative behaviour.*
- We have a responsibility to look after our environment, please do not drop litter. Take it home or put it in a bin.*

I hope to make you proud of me. ...Please make me proud of you as well."





Players Code of Conduct

Players are the most important people in the sport. Playing for the team, and for the team to win, is the most fundamental part of the game. But not winning at any cost. Fair Play and respect for all others in the game is fundamentally important.




Players have an obligation towards the Game:

-  Make every effort to develop their own sporting abilities in terms of skill, techniques, tactics and stamina
-  Give maximum effort and strive for the best possible performance during a game, even if their team is in a position where their desired result has already been achieved
-  Set a positive example for others, particularly young players and supporters
-  Avoid all forms of gamesmanship and time-wasting
-  Always have regard to the best interests of the game, including where publicly expressing an opinion on the game and any particular aspect of it including others involved in the game.
-  Refrain from the use of inappropriate language



Players have an obligation towards their own team:

-  Make every effort consistent with Fair Play and the Laws of the Game to help his commitment to the team winning.
-  Never engage in offensive, insulting or abusive language or behaviour
-  Refrain from becoming involved in any kind of bullying, even at the risk of incurring temporary unpopularity
-  Intervene or report any form of bullying the game




Players must respect the Laws of the Game and Competitions rules:

-  Know and abide by the laws, rules and spirit of the games, and the competition rules
-  Accept success and failure, victory and defeat, equally
-  Resist any temptation to take banned substances or use banned techniques






Players must show respect towards opponents:

-  Treat opponents with due respect, at all times, irrespective of the results of the game
-  Safeguard the physical fitness of opponents, avoid violence and rough play, and help injured opponents.


Players must show respect towards the Match Officials

-  Accept the decision of the Match Official without protest
-  Avoid words or actions which may mislead a Match Official
-  Show due respect towards Match Officials



Players must show respect towards team officials:



-  Abide by the instructions of their coach, and Team Officials, provided they do not contradict the spirit of the code.
-  Understand that the coach has to do what is best for the team and not one individual player
-  Show due respect towards the Team Officials of the opposition
-  Players must attend training on a regular basis and parents must let the coaches know if not attending
-  All players must listen and pay attention at training and play to the best of their ability

Players are obligated towards:

-  Showing due respect to the interests of Supporters

Players must understand that if they do not follow the code, any /all of the following actions may be taken by the Club, County FA or the FA

-  Be required to apologise to team-mates or any other officials
-  Receive a formal warning from the Coach/Manager and/or Club Committee

-  Be dropped, substituted or suspended from training
-  Be required to leave the club

Complaints Procedure

Any parent, carer, family member or Player Member wishing to make a complaint of any nature must document the complaint and submit it to the Club Secretary. This will then be reviewed by the Club Committee at the earliest opportunity and the complainant will be informed of the Committee's decision. Appeals can be made to the members in certain circumstances.

Child welfare issues should be raised as outlined in the Child Protection Policy.

A has a standard code of rules for youth competitions

Age on 31 Aug of the relevant playing season	Eligible Age Groups	Maximum Permitted Format	Minimum Pitch Sizes		Maximum Pitch Sizes		Recommended Goal Sizes in feet	Ball Size
			Yards	Metres	Yards	Metres		
6	Under 7	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
	Under 8		30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
7	Under 8	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
	Under 9	7v7	50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
8	Under 8	7v7	50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
	Under 9		50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
9	Under 10	7v7	50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
	Under 11	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
10	Under 11	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
	Under 12		70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
11	Under 12	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
	Under 13	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	4
12	Under 13	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	4
	Under 14		90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	4
13	Under 14	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	4
	Under 15		90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	24 x 8	5
14	Under 15	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	24 x 8	5
	Under 16		90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	24 x 8	5
15	Under 16	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	24 x 8	5
	Under 17		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	5
	Under 18		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	5
16	Under 17	11v11	100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	5
	Under 18		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	5
	Open Age		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	5

Under 7s DEVELOPMENT MATCHES 4 X 10 MINS/ 2 X 20 MINS	5 v 5	3	MIN TO START	MAX SUBS	5 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 8s DEVELOPMENT MATCHES 2 X 20 MINS	5 v 5	3	MIN TO START	MAX SUBS	5 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 9s DEVELOPMENT MATCHES 4 X 12 MINS/ 2 X 25 MINS	7 v 7	3	MIN TO START	MAX SUBS	5 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 9s COMPETITIVE MATCHES 2 X 25 MINS	7 v 7	3	MIN TO START	MAX SUBS	5 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 10s DEVELOPMENT MATCHES 4 X 12 MINS/ 2 X 25 MINS	7 v 7	3	MIN TO START	MAX SUBS	5 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 10s COMPETITIVE MATCHES 2 X 25 MINS	7 v 7	3	MIN TO START	MAX SUBS	5 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 11s DEVELOPMENT MATCHES 4 X 15 MINS/ 2 X 30 MINS	9 v 9	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 11s COMPETITIVE MATCHES 2 X 30 MINS	9 v 9	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 12s COMPETITIVE MATCHES 2 X 30 MINS	9 v 9	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 13s COMPETITIVE MATCHES 2 X 35 MINS	11 v 11	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 14s COMPETITIVE MATCHES 2 X 35 MINS	11 v 11	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 15s COMPETITIVE MATCHES 2 X 40 MINS	11 v 11	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED
Under 16s COMPETITIVE MATCHES 2 X 40 MINS	11 v 11	4	MIN TO START	MAX SUBS	10 YDS FREE KICK: DISTANCE FROM BALL	OFFSIDE	GOAL KICK*	FREE KICK	FOUL THROW	RETREAT LINE	SUBS MADE: UNLIMITED